

NAME: \_\_\_\_\_

1 Point Towards SOTY



**February 6th, 2012 Preparation Assignment**

- 1) Passing the Guard is all about controlling your partners:
  - a) Arms
  - b) Head
  - c) Hips
- 2) At NAGA, in No Gi, how many points do you get for passing the guard?
  - a) 0
  - b) 2
  - c) 3
- 3) At NAGA, in Gi, how many points do you get for passing the guard?
  - a) 0
  - b) 2
  - c) 3
- 4) The "Elbow Down/Anchor Grip" technique allows you to run how many different guard passes?
  - a) 1
  - b) 2
  - c) 3