



**ATTENTION TWISTERS:**  
**EXTRA COMPETITION**  
**PRACTICES @ GT NORTH!!**

**IF YOU ARE COMPETING AT NAGA,  
YOU ARE REQUIRED TO ATTEND!!**

**FEBRUARY 4TH**  
**12:00PM - 1:30PM (GI)**

**FEBRUARY 11TH**  
**12:00PM - 1:30PM (NO GI)**

*THE BEST - NEVER REST*