

NAME _____

+1 SOTY Point



1/2/2012 Preparation Assignment

- 1) In order to defend the bump sweep, you should:
 - a) Push your partner down
 - b) Raise your hips higher than theirs
 - c) Lean Back

- 2) When performing the bump sweep you should:
 - a) Drive your partner straight back
 - b) Hip sweep your partner
 - c) Drive your partner over their shoulder
 - d)

- 3) True or False: You should only bump sweep your partner when their hands are on the ground.

TRUE

FALSE

- 4) After performing the bump sweep and landing in mount, you should immediately _____ your partner.